

# ***LFR Training Newsletter***

July 2004

Welcome to the Lincoln Fire and Rescue Training Division Newsletter. This will be published quarterly and will include current and upcoming training. If you have any recommendations for material or pictures to be inserted please send them to Kim McKay or Jamie Bray on Lotus Notes. Thanks and enjoy!

## **Captain Pat Borer – Command Training**



E5, M5, E11, and T7 Crews work to extricate a patient from 3 vehicle simulated collision.

During the month of June, Captain Borer instructed Rescue Alarm Command Training. Included in this training were two MP's: 852.16 – Rescue Alarm Management, and 825.00 – MCI Management. The training included one hour classroom lecture and a simulated three vehicle MCI with one vehicle on fire and another overturned. The purpose was to apply and utilize LFR's Incident Management Systems.

Captain's Training for June included guest speaker Mark Stevens of Star Tran. He spoke on emergency procedures and bus access.

Captain Borer is also researching the costs, staffing and time needed to begin a Swiftwater Emergency Program. This program's purpose would be to train all LFR members on the basic operations of swiftwater rescue.



This is Jamie Bray. He has been an intern for the Training Division the last nine months. He is a junior at UNO in Fire Protection and will also be taking classes at UNL this fall for a Business Administration degree.

## **LFR Training Staff**



From Left Capt. Pat Borer, Capt. Eric Jones, Capt. Nancy Anderson, Deputy Chief Dan Wright, Senior Office Assistant Jaimie Merryman, Capt. Kim McKay, and Capt. Mike Conditt.

## **Training Division Goals for '04**

At the beginning of each year the Training Division staff re-evaluates prior goals and establishes new ones for the year. This year our main goals include:

- The Training Division will revise the LFR Annual Performance Evaluation criteria for Firefighters, Firefighter/Paramedics, Fire Apparatus Operators and Fire Captains to include objective.
- The Training Division will develop a recommendation to be forwarded to Fire Administration on a proposed new Fire Training Facility Site Plan. The plan will include training buildings and grounds to effectively train LFR personnel to meet the LFR mission.

## **Captain Nancy Anderson – EMS**

At the end of 2003, a formal paramedic intern program was implemented. This new program's purpose was to bring all paramedics to one level of knowledge and skills. They will all be at transport status. About 15 paramedics were included in this internship, 4 of them are new recruits.

Through the month of July, Anderson will be coordinating EMSCEP. Classes will be July 14, 21, and 28. Guest speakers will be Dr. Kinney – OB Emergencies, Carol Petersen – Traumatic Brain Injury, Dr. Henry – Traumatic Facial Issues & Airway Problems, and Anderson will be covering Near Drowning and Cardiac Emergencies.

### **Captain Nancy Anderson – EMS (Cont'd)**

Due to discontinued refill strips, a new glucometer is making its way to all stations. The new model is the Precision Xtra which offers quicker blood sugar readings and a backlit screen for easier viewing.



Upcoming Paramedic Team Training will include head injuries, face and throat injuries, and shock. In Station EMS Training will be burn management.

### **Captain Kim McKay – Suppression**

During the past six months, Captain McKay has been training a new recruit class of 10 new members including Mark Doehling from the maintenance division. A probationary test will be given to these members on July 2<sup>nd</sup> with a completion ceremony to be held August 5<sup>th</sup>. Also, back on the force include both Gary Bruns and Rick Schneider who have been on military leave in Iraq for the past year.



2004 Recruit Class

On April 21, McKay, chair of the City Wide Safety Committee, accepted the Safety Excellence Award from the Nebraska Safety Council. This award was to recognize the City of Lincoln as one of six businesses with remarkable safety standards.

Beginning in July, McKay will be conducting Quarterly Training with an emphasis on the Basics of Fire. This will include a range of material including fire behavior, fire tetrahedron, heat transfer, and fire classification.

### **Mike Conditt – Technical Rescue**

Captain Conditt has just completed Block Training for all the truck companies which covered High Angle Rope Rescue. This course included knot tying basics, anchoring fundamentals, and repelling. New

rope has been placed on all the truck's 4:1 haul systems for safety concerns.

At the end of June, Conditt traveled to Phoenix, AZ where he attended a three day USAR course. The course covered a new global positioning system, the Garmin 5 GPS, with new instruction on general use, mapping, and waypoints. In July, Conditt will be conducting a training seminar for Paratech Shores to members of the USAR team.

Beginning in August, a series of Technical Rope Rescue courses will be administered to all truck companies. This training will include climbing and descending, passing knots, self rescue, and mechanical advantage. Shortly after, 16 selected fire fighters will be attending a 5-day special rope class that covers both Rope Rescue 1 and 2.

### **Captain Eric Jones – Hazardous Materials**

Captain Jones has just completed Haz Mat Tech Team Training which included a simulated incident at the LFR Training Center conducting an assessment of hazardous materials. New to the Tech Team is the FTIR which is a thermal spectrometry unit that identifies unknown liquids and solids.

A grant issued by the Department of Justice has allowed LFR to purchase new respiratory equipment for haz mat incidents. Training on the new equipment was conducted in June to all firefighters.

Through the month of July, non-LFR USAR members will be attending a one day course to update them on recent training. This is to include training covering CISD, fit testing, PPE, and hands on respiratory training and haz mat ops. This coming fall, Omaha Fire members will also be trained on WMD to prepare for their admittance onto the USAR team.

A Haz Mat Training Committee has been formed to develop a curriculum for future training.

### **Food For Thought**



According to a report from NFPA, the majority of firefighter fatalities occur in motor vehicle collisions. In 2003, more firefighters died in on-duty motor vehicle collisions than in any year since 1977.